



P304

The WVATA is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers.

**Program Objectives**

- Participants will be given practical information regarding psychological and pharmacological issues in AT.
- Participants will learn the most current research on the Revolution Helmets.
- Participants will be exposed to and practice various rehabilitation skills.
- Participants will obtain current information on rehabilitation.

Please visit [www.wvata.org](http://www.wvata.org) for additional conference information.

**PROGRAM AGENDA**

**Friday, February 13, 2009**

7 CEU's

- 11:30 – 12:00pm Registration**
- 12:00 – 1:15pm Football Helmet Safety : Current Research on The Revolution Helmets**
- 1:15 – 2:30pm Psychosocial Issues in AT**
- 2:30 – 3:30pm Current Pharmacological Issues in Athletic Training**
- 3:30 – 4:00pm Break/Exhibitors**
- 4:00 – 5:30pm Case Studies**
- 5:30 – 7:30pm Poster Presentations Speaker Q&A**

**Saturday, February 14, 2009**

7 CEU's

- 7:30 – 8:00am Registration**
- 8:00 – 9:15am Positional Release Therapy**
- 9:15 – 10:30am Graston Technique®**
- 10:30 – 11:00am Break/Exhibitors**
- 11:00 – 12:15pm The Mckenzie Method and the Certified Athletic Trainer**
- 12:15 – 1:15pm Lunch/Exhibitors**
- 1:15 – 2:00pm WVATA Business Meeting**
- 2:00 – 3:00pm Concurrent Labs**
- 3:00 – 4:00pm Concurrent Labs**
- 4:00 – 5:00pm Concurrent Labs**
- 5:00 – 5:15pm Q&A with Closing Remarks**

**FEATURED SPEAKERS**

**David Ruis, MS, ATC** – David Ruiz is a faculty member in the Athletic Training Education Program at Marshall University. Before joining the Marshall Faculty, David served as an athletic trainer at Walt Disney World where he worked with stuntmen, dancers, and parade performers. David also served as an athletic trainer for the Hawaii Department of Education and the University of California, Riverside.

**Tim Speicher, MS, ATC, LAT, CSCS** – Tim Speicher is the Clinical Associate Professor and Director of the Human Movement and Sports Science Program at Sacred Heart University in Fairfield, CT. He is the current President of the Connecticut Athletic Trainers' Association. His research interests include transfer of learning from the academic to the clinical environment, therapeutic modalities, positional release therapy and ADL education for low back pain.

**Mike O'Neil, Pharm.D.** – Mike O'Neil is an Associate Professor in the School of Pharmacy at the University of Charleston. His area of interests include promoting education and prevention of prescription drug diversion and substance abuse, supporting law enforcement in the detection and apprehension of persons involved with drug diversion and substance abuse, and facilitating the application of classroom and didactic instruction to the patient.

**Eddie Ganim**– Eddie is the regional representative for Riddell, Inc.

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**PRE-REGISTRATION FORM: pre-registration deadline is January 26, 2009**  
**WVATA Annual Sports Medicine Conference**  
**Friday, February 13 and Saturday, February 14, 2009**  
**University of Charleston, Riggelman Hall & Geary Student Union – Charleston, WV**

**Name:** \_\_\_\_\_

**Occupation:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Name & Title to be used on badge:** \_\_\_\_\_

- |                                                  |          |
|--------------------------------------------------|----------|
| <b>ATC/PT/MD</b>                                 |          |
| <input type="checkbox"/> Friday, Feb. 13 only    | \$90.00  |
| <input type="checkbox"/> Saturday, Feb. 14 only  | \$90.00  |
| <input type="checkbox"/> Both Days (Fri. & Sat.) | \$150.00 |
| <b>Student</b>                                   |          |
| <input type="checkbox"/> Friday, Feb. 13 only    | \$25.00  |
| <input type="checkbox"/> Saturday, Feb. 14 only  | \$25.00  |
| <input type="checkbox"/> Both days (Fri. & Sat.) | \$40.00  |

**On-site registration fee:** Add \$25.00 for ATC/PT/MD and \$15.00 for students

Please make checks payable to: WVATA or West Virginia Athletic Trainers' Association  
 Mail to registration form and payment to: WVATA  
 c/o Sabrina Pletz, MS, ATC  
 2300 MacCorkle Ave, SE,  
 Charleston, WV 25304

*Pre-registration is January 26, 2009  
 No refunds after Thurs., January 29, 2009*

University of Charleston/WVATA  
2300 MacCorkle Ave, SE  
Charleston, WV 25304



## West Virginia Athletic Trainers' Association

Invites you to the

# 2009 WVATA Annual Sports Medicine Conference

Friday, February 13 & Saturday, February 14, 2009

University of Charleston – Riggleman Hall & Geary Student Union  
2300 MacCorkle Ave. SE, Charleston, WV

### STUDENT PROGRAM

#### Friday, February 13, 2009

|                |                                                |
|----------------|------------------------------------------------|
| 12:00 – 4:00pm | Follow the Main Program Agenda on reverse side |
| 4:00 – 5:00pm  | Radiology 101                                  |
| 5:00 – 5:30pm  | Mixer                                          |
| 5:30 – 7:30pm  | Student Quiz Bowl                              |

#### Saturday, February 14, 2009

|                 |                                              |
|-----------------|----------------------------------------------|
| 8:30 – 8:45am   | Welcome and Introductions                    |
| 8:45 – 9:30am   | Psychological Aspects of Athletic Training   |
| 9:30 – 10:15am  | Conflict Resolution Strategies               |
| 10:15 – 10:30am | Break                                        |
| 10:30 – 12:00pm | Student Oral Presentations                   |
| 12:15 – 1:15pm  | Lunch                                        |
| 1:15 – 2:15pm   | District III Student Senate Workshop         |
| 2:15 – 3:00pm   | Transitioning to the ATC                     |
| 3:00 – 3:45pm   | Preparation for Graduate School & Employment |
| 3:45 – 4:00pm   | Closing & Plans for Next Year                |

### ACCOMMODATIONS

Charleston Marriott Town Center  
200 Lee Street East  
Charleston, WV 25301  
(304) 345-6500 or (800) 228-9290

#### Rates:

\$99.00\* per room, per night

Reference Code: WV Athletic Trainers'  
Association

*\*rates are available through Thurs, Jan. 29<sup>th</sup>, 2009*

### DIRECTIONS TO THE UNIVERSITY OF CHARLESTON

**From the North:** Traveling South on I-77 or I-79, merge onto I-64 East. Take Exit 98: 35<sup>th</sup> Street Bridge. At the end of the ramp/red light, turn Right onto MacCorkle Ave/Hwy 61. At the 2<sup>nd</sup> stop light turn Right onto the University of Charleston campus. Registration for the conference is in Riggleman Hall, the main building upon entering the campus.

**From the West:** Traveling east on I-64, take Exit 98: 35<sup>th</sup> Street Bridge. At the end of the ramp/red light, turn Right onto MacCorkle Ave/Hwy 61. At the 2<sup>nd</sup> stop light turn Right onto the University of Charleston campus. Registration for the conference is in Riggleman Hall, the main building upon entering the campus.

**From the East:** Traveling West on I-64, take Exit 95: Hwy 61 North/MacCorkle Ave, SE. Make a right onto Hwy 61 N/MacCorkle Ave, SE at the end of the ramp. Continue approximately 4 miles until you arrive at the University of Charleston, located on your Right. At the stop light, turn Right onto campus. Registration for the conference is in Riggleman Hall, the main building upon entering the campus.